

INFORMATION HANDBOOK SEASON 2021 / 2022



WHAT IS MOOLOOLABA NIPPERS ALL ABOUT?

Nipper Sundays are about learning lifesaving skills, building confidence, and having fun in a safe beach environment.

Nippers gain confidence by passing the tests of swimming, body boarding, dolphin-diving, spotting a rip, having fun with new friends and discovering things about themselves.

Each age group has a minimum of 2 Age Managers.

Our Age Managers are responsible for the education, training and organisation of the group.

Mooloolaba Nippers are controlled by the Junior Activities Committee (JAC), which meets monthly to discuss current and future operations and planning.

The aim of Nippers is to:

- Promote and teach safe participation and enjoyment of Australian waterways through education in all aspects of water safety, personal survival, aquatic competitions, lifesaving and resuscitation
- Promote fun and enjoyment in the water and beach activities
- Encourage children to develop finely tuned water skills through education classes, competition and Surf Life Saving activities
- Encourage long term involvement with the Surf Life Saving movement

Nippers is run every Sunday during the Nipper Season

In 2021, our first Sunday is: Sunday 19th September 2021 The 2021/2022 Nipper Season finishes in: March 2022 Over Christmas/New Years there is a two week break.

Each Sunday:

At 8am - Children assemble out the front of our Clubhouse, near the Lifeguard Tower. The morning finishes at about 10.45am.

Younger age groups (Under 6 and Under 7 Nippers) finish earlier at 9.15am.





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Thank you to ow SPONSORS

Our Sponsors are **Dedicated to Supporting our Community**.

We thank you for your contribution to Mooloolaba Surf Life Saving Club and Mooloolaba Nippers.

























MOOLOOLABA NIPPERS MEMBERSHIP

Associate Membership

When joining Mooloolaba Nippers as a Family Group, parents and/or guardians become an <u>Associate Member</u> of our Club. This is a requirement, if you are not already an Active Lifesaving Member. A Nipper Group Membership includes up to 2 x Parents/Guardians.

An Associate Membership has some limitations in regards to access to Club facilities, with access to Active Lifesaving Member facilities restricted such as the gymnasium and the Active Member showers and toilet facilities on the ground floor of the Clubhouse.

An Associate Membership does however provide the following:

- Insurance when partaking in approved Nipper activities this is a limited insurance, contact the Club for more details
- Access to Nipper facilities
- Complimentary Social Membership to The Surf Club Mooloolaba (Supporters Club).

Family Membership

A Family Group membership for our 2021/2022 Summer Season includes up to 2 parents/guardians along with your Nipper/s as follows.

1 Nipper + Up to 2 Parents/Guardians: \$240
 2 Nippers + Up to 2 Parents/Guardians: \$380
 3 Nippers + Up to 2 Parents/Guardians: \$430
 4 Nippers + Up to 2 Parents/Guardians: \$480

A Nipper Parent/Guardian who chooses to become an Active Patrolling Member of our Club, does not pay any further fee – as this can also be included as part of your Nipper Family Group.

For our Nippers – a complimentary rash shirt is provided and is to be worn on each Nipper Sunday. Nippers are also required to wear an Age Group Cap, which can be purchased for \$10.

FAIR PLAY

Mooloolaba Surf Life Saving Club is a is a **FairPlay Activity Provider** which means eligible families can use the Qld Government issued FairPlay voucher towards your Nipper Fees.

As a result, you may be eligible to receive a fair play voucher from QLD Govt Sport & Recreation, which can be redeemed at our Club to assist with your membership fees. Head to the QLD Govt website to find out if you are eligible for a \$150 voucher towards your Nipper Fees: www.qld.gov.au/ recreation/sports/funding/fairplay/apply



COMMUNICATION & CONTACT INFORMATION

Our Club Operations Office and Junior Activities Committee communicate with our members via various platforms including email, SMS and our Social Pages.

Our regular Mooloolaba Nipper Newsletter share key information for all members.

It is important that your email and mobile number are up to date on your membership profile to ensure you are not missing relevant and important updates.

We encourage all Nippers Families to:

- Follow our Community Facebook page for general Club information;
 @MooloolabaSurfLifeSavingClub
- Join our private Mooloolaba Nippers Facebook group
 @MooloolabaSLSCNippers
 This Members only group is a key platform for sharing of information by the Club to our members.
- Join the private Facebook group specific to your Age Group
 These smaller groups are managed by your Age Group Manager for photos and information contained within your own Age Group only
- Read further information and resources available on our Website: www.mooloolabaslsc.com.au

You can find our GROUPS via the GROUPS section of our Main Community Page!



For general enquiries please contact the Operations Office:

nippers@mooloolabaslsc.com.au - 5252.3711

The Office is located on the beach side of Clubhouse, accessible through the brown wooden beachfront gates which lead onto our Members grass area, into our Active Members area. The office is open midweek for member enquiries.



OUR WONDERFUL 21/22 JUNIOR ACTIVITIES COMMITTEE

Chairperson	Conor Walsh	jacchairperson@mooloolabaslsc.com.au	
Vice chairperson 1	Julie McIvor	jacdeputychair@mooloolabaslsc.com.au	
Vice Chairperson 2	Anthony Thomas	jacdeputychairops@mooloolabaslsc.com.au	
Secretary	Louise Thompsen	jacsecretary@mooloolabaslsc.com.au	
Treasurer	Steve Notley	treasurer@mooloolabaslsc.com.au	

Registrar	Karen Parson	IRB Coordinator	Paulo Mendes
Junior Surfs Sports Coordinator	Steve Notely	ve Notely Officials Coordinator	
Team Manager U8- U10	Jason Parsons	Publicity Officer	Gink Fink
Team Manager U11-U14	Steve McCall	Uniform Coordinator	Kim Trethowen
Chief Water Safety Officer	Paulo Mendes	Coach - Water	Mitch Miller
Gear Steward	TBC	Coach - Beach	Craig Parker
Education Officer	TBC	Coach – March Past	Charli Jones
Awards Officer	TBC	Coach – Ocean Swim	Anna Mendes

MOOLOOLABA NIPPERS 21/22 AGE GROUP MANAGERS

Age Group	Age Manager	
U6 & 7's Green Caps Age Manager	Madonna Misfud	mifsud.madonna@gmail.com
U6 & 7's Green Caps Age Manager	Mandy Kelly	mandykelly76@rocketmail.com
U6 & 7's Green Caps Age Manager	Jacques Dreyers	mkfive@gmail.com
U6 & 7's Green Caps Assistant Age Manager	Max Jones	r.kjones@optusnet.com.au
U8's Aqua Caps Manager	Ginny Sargent	ginnybrooks1@hotmail.com
U8's Aqua Caps Manager	Nathan Byrne	nathan.byrne1985@gmail.com
U8's Aqua Caps Assistant Manager	Primrose Gall	pgall@mybce.catholic.edu.au
U9's Gold Manager	Marcus Dowling	marcus.dowling@iua.net.au
U9's Gold Manager	Julie McIvor	ju1ieanderson@yahoo.com
U9's Gold Assistant Manager	Kiera Bascombe	claire@hawkwell.com.au
U9's Gold Assistant Manager	Sophie Horder	Shorder@saac.qld.edu.au
U10's Purple Manager	Jason Parsons	Jason@surfin.info
U10's Purple Manager	Wayne Hooper	standbyaccess@outlook.com
U10's Purple Manager	Steve Scott	sscott@easterntrees.com
U10's Purple Manager	Katelin Parsons	kjp029@student.usc.edu.au
U10's Purple Assistant Manager	Saul Nicole-Rann	saulnicolrann1@gmail.com
U11's Dark Green Manager	Gina Fink	gina@savagepr.com.au
U11's Dark Green Manager	Lyndon Masters	lyndon.masters@dlapiper.com
U11's Dark Green Assistant Manager	Rylee Jones	jonesrylee10@gmail.com
U12's Dark Blue Manager	Michele Verdonck	michele.verdonck@usc.edu.au
U12's Dark Blue Manager	Dan Kelly	dan.kelly@rocketmail.com
U12's Dark Blue Assistant Manager	Aviva Kelly	Mandykelly76@rocketmail.com
U12's Dark Blue Assistant Manager	Ava Daniels	avadaniels@hotmail.com.au
U13's Red Manager	Steve Notley	steve@scnsignature.com.au
U13's Red Manager	Oliver Fink	oliver@knightdive.com.au
U13's Red Manager	Anthony Thomas	anthony@physiocare.com.au
U13's Red Assistant Manager	Hayden Notley	haydennotley@gmail.com
U14's Cadets Manager	Charli Jones	jonescharli11@gmail.com
U14's Cadets Manager	Terry Lincon	tracksearthmoving@bigpond.com
U14's Cadets Manager	Dana Morrissey	dana.morrissey@ecolab.com
U14's Cadets Manager	Brett Williams	brettawilliams@live.com.au



Age Group Cap Colours - 2021/2022 Season

Age Group determined by age at 30 September 2021

AGE GROUP	DOB	CAP COLOUR
Under 6	01/10/2015 to 30/09/2016	Fluro Green
Under 7	01/10/2014 to 30/09/2015	Fluro Green
Under 8	01/10/2013 to 30/09/2014	Aqua
Under 9	01/10/2012 to 30/09/2013	Gold
Under 10	01/10/2011 to 30/09/2012	Purple
Under 11	01/10/2010 to 30/09/2011	Dark Green
Under 12	01/10/2009 to 30/09/2010	Dark Blue
Under 13	01/10/2008 to 30/09/2009	Red
Under 14	01/10/2007 to 30/09/2008	Club

FIND YOUR PATHWAY!

PARENT INVOLVEMENT AT MOOLOOLABA NIPPERS

Parents are needed to assist in the running of Nipper Sundays with a variety of tasks including, but not limited to: Age Managers, Water Safety, Surf Sports Officials, Fundraising etc.

At the start of the season, you will be asked to complete a Parent Volunteer preference and we will do our absolute best to find you a position that you are wishing to do.

We require volunteers for every Nipper Sunday morning - to assist with BBQ duties and beach set up/pack up - this works on an Age Group rotational basis, which is outlined in the main Nipper Calendar.

In Surf Sports - it is a Club requirement that as a parent of a <u>competing</u> child (1 parent per family), you must be assigned to a position as outlined in the Mooloolaba Nipper Parent Volunteer Position Description

Guide.

These positions vary and all require different levels of involvement. The JAC believes there is a position suited to all parents. The Volunteer Position Description Guide can be downloaded from the Surf Club website or can be requested from the Surf Club administration office

Blue Card Working with Children

Surf Life Saving is a source of fun, enjoyment, health and well being for all who choose to participate. In order to show commitment to the safety and welfare of members and others who engage with the association, Surf Life Saving Queensland (SLSQ) has adopted the Blue Card Screening Policy. It has been created to protect all SLSQ individual members who are under 18 years of age from all forms of physical or mental violence, injury, exploitation, and abuse (including sexual abuse) while under the care and conduct of any Surf Life Saving leader, trainer, age managers, team manager, coach or JAC committee & water safety officials. It is a requirement that all the above positions over the age of 18 must hold a 'Blue Card' or exemption notice before they start volunteering in any area. More information about how to apply and link your Blue Card to our Organisation is on the Nipper page of our Website. www.mooloolabaslsc.com.au



HOW TO BE A GOOD JUNIOR LIFESAVER- FOR OUR NIPPERS!

- Report to your Age Manager before commencement of training with a smile and ready to have fun
- Do not leave your training area or carnival tent without Age Managers permission, to keep you safe
- Do not enter the water without permission
- You must wear your supplied YELLOW RASHIE and your Age Group CAP (tied up under your chin)
 before being allowed to compete in events, at club training or carnivals
- Your Club Cap is only to be worn during Club Activities.
- All members must shower and remove sand OUTSIDE before entering our 'Nipper' room
- All gear is to be washed down and returned to nipper room after training
- Club boards must not be used without permission
- Always use sunscreen and have a water bottle
- Learn and practise the lifesaving skills that your Age Manager gives you so you can be the best lifesaver
- Remember you are a Mooloolaba Nipper Team member. Always help other team members.



BOARDS & GEAR!

Any use of Junior Activities gear must be arranged through the Mooloolaba Nippers Club's Gear Steward.

This means ALL gear, from tent pegs to rescue boards.

Boards are ONLY allowed out for Nipper Sunday's and approved training sessions.

- Once training has finished or at the completion of Sunday Nippers all boards are to be cleaned and returned to the Nipper storage area IMMEDIATELY
- Nipper boards are not to be ridden by adults
- Foam Nipper Boards are only for U8, U9 and U10
- Fibreglass Nipper Boards are for U11, U12 and U13
- U14 and U15 use full size Malibu paddle boards
- No standing on Nipper Boards under any circumstances, both in the water and on the beach
 All boards are to be hosed off before returning to storage area
- All boards are to be placed in the applicable racks not on the floor!
- No kneeling on Club Nipper boards under any circumstances
- No private boards are to be stored in Nipper storage room
- Do not step off rock wall in front of Surf Club with a nipper board
- Do not leave boards across pathway at the front of the Club
- Do not drag boards across concrete or on the beach, they must be carried
- Do not leave boards on the beach to go for a social swim, ensure boards are returned to storage room first
- Boards listed as 'Competition Boards' are only to be used at carnivals, unless instructed to use these boards by Coach and Gear Steward



- Share Nipper Boards at carnivals, they are for all to use and are not to be hidden for personal
 use
- If you wish to use Club Gear at carnivals it is expected that you will help pack and unpack trailers
- Please report all damage to boards to the Coach or Gear Steward so they can be fixed and returned ASAP. Damaged boards are not to be taken into the water.

FACILITIES

- Parents and nippers have access to all nipper facilities.
 The showers that nippers are to use are behind the canteen, under the Club. Nipper toilets/showers are NOT for parents to use!
- No nippers are to have access to the senior showers or senior facilities

UNIFORM

It is compulsory that all nippers must wear a coloured cap appropriate to their age group, and a hivisibility rash top when participating in any nipper activity.

This includes Nipper Sunday, mid-week training and competition.

It is also compulsory that all nippers wear the Mooloolaba club swimwear. This enables age managers to easily identify children which belong in our group. The swimwear and other nipper merchandise will be made available at the start of the season during Nipper Sundays.

There is also a Mooloolaba maroon & white cap that must be worn during competition. This is an additional requirement if your child is intending to compete.

PROVDING A SAFE ENVIRONMENT

Junior Activities is the breeding ground for our future Surf Lifesavers, which means we need to ensure that we provide a safe and supportive environment for all Junior Activities members. Mooloolaba Surf Life Saving Club is committed to ensuring all Junior Activities members participating in lifesaving activities are doing so in a fun, enjoyable and risk-free environment.

Children must be taken by a parent to report to their Age Manager at the beginning of training to be signed in and at least one parent or nominated guardian MUST remain at the beach with your child/children. With the number of children in each age group it is important that there is a parent present for the duration of nippers to ensure someone is available in case of unforeseen circumstances such as injuries or just finishing early. All nippers must report to their Age Manager and sign out before departure.

The Mooloolaba SLSC complies with Surf Life Saving Australia (SLSA) Water Safety Policies while all water activities are being conducted. The Water Safety ratio is determined by the Water Safety Supervisor and the Patrol Captain responsible on the day. In addition to water safety personnel, it is also a requirement for all nippers to wear hi-visibility tops and a coloured nipper cap during all training and competition.

Nippers must wear sunscreen and drink plenty of water during training. Please ensure your child/children have their drink bottle (named clearly) with them on the beach. Each age group has their own container to keep these in while moving around the beach on training days. We will have extra sunscreen available down on the beach.



Surf lifesaving Australia and Mooloolaba SLSC Code of conduct Code of conduct - Mooloolaba Surf Life Saving Club Nippers -Managers and Officials

Surf lifesaving Queensland published through Surf Sports Australia has printed and published a code of conduct for coaches, officials, team managers, age managers and chaperones. A copy is provided for those parents /supporters of the Mooloolaba Surf Club nippers who volunteered to take on one of the roles above. It is then an expectation that you shall be aware and uphold the SLSA policies, the code of conduct and understand the consequences of any breach.

Code of conduct - Mooloolaba Surf Life Saving Club NIPPERS - For Nipper parents and spectators

This code is designed:

To maintain appropriate guidelines and the element of enjoyment and satisfaction in nipper activities

To improve the physical fitness of all children by making it skill based safe and enjoyable for all children

To make adults aware that children participate to satisfy themselves and not necessarily to satisfy adults or members of their own peer group

To behave in a manner that sets examples for all

Ensure that our club is not brought into disrepute and asked to withdraw from carnivals and competitions as a result of breaches of the code of conduct and SLSQ policies

Nippers Code

Participate for enjoyment and a fair competition, not just to please your parents our age manager remember that the goals of nippers are to have fun, improve your skills and to make long term friendships. Work equally hard for yourself and your team your team's performance will benefit and so will your own and to be a good sport . Treat all teammates and competitors as you yourself would like to be treated. Don't interfere with bully are take unfair advantage of any person

Cooperate with your coach, manager, officials, teammates, and other competitors and never argue with your age manager team manager are an Officials decision. Do not approach an official at any stage during or immediately after a carnival event. Respect and share all club equipment

Parents code

Remember children are involved in nipper's activities for their enjoyment, not yours.

Do not force an unwilling child to participate in Nipper Activities.

Encourage your child to actively promote good sportsmanship.

Teach your child that an honest effort and working towards skill development is as important as an event placing at this age

Never ridicule or yell at your child for making a mistake or for not placing in an event. Remember that children learn best by example the result should be accepted with no undue disappointment from you

Do not publicly question any age manager team manager are official's judgement and never his/her honesty

Do not approach any carnival referee official at any stage during any competition. See your age manager in the first instance and then jointly the team manager

Support all efforts to remove verbal and physical abuse from the Mooloolaba nippers

Recognise the value and importance of volunteer's coaches, managers and officials, they give their time and resources to provide recreational activities for your children.

Remember the Surf Life Saving Queensland (SLSQ) Management Committee and Mooloolaba Surf Life Saving Club Committee have the power to cite an action against Nippers Age Managers, Team Managers, Parents and our spectators for any behaviour that may bring SLSQ or our Club in to distribute.



NIPPER CARNIVALS

Several carnivals are held during the season for the Under 8 to Under 14 Age Groups. These carnivals are a chance for the kids to have some fun and have a go at competing against other nippers from the Sunshine Coast & QLD. To be eligible to compete at any of the below carnivals each nipper must complete the Advanced Ocean Proficiency Evaluation which is relevant to their age group. At Mooloolaba we are fortunate enough for the nomination fees to be included in the season fees. If nipper does not attend the carnival parents are responsible for nomination fees.

Carnival Nominations

Parents are required to complete the nomination via the Surf Club website for each carnival. If you are unsure about what events to nominate your child for, please discuss this with your Age Manager. All carnival nominations are the responsibility of the parent/guardian and not the Age Manager. Please keep an eye out for emails and newsletters that contain important dates for closing of nominations, and carnival bulletins. Most carnival nominations will close three or four weeks prior to the Carnival Day.

CARNIVAL CALENDAR

A Season Calendar including dates of all carnivals is available via the Nippers Page on our Website www.mooloolabaslsc.com.au/nippers

COACHING & TRAINING

A Nipper Training Program for fitness and skill development is provided by Club Members (voluntarily) and by various professional club coaches. These sessions are available at no extra cost to nipper families. The weekly training program will change throughout the season and is available on the Surf Club website

The objective for this season's training for the beginners is to simply improve their basic surf skills to the point where they can feel confident in the surf while enjoying themselves at the same time. If you have any questions about the Nipper Coaching Program, please do not hesitate to contact the office. Please discuss the coaching/training opportunities with the Age Manager to determine the best combination for your Nipper.

All coaching sessions are run by professional and SLSA accredited coaches, and no parents or age managers are to approach coaches during these sessions. If you need to discuss anything, please wait until the session is completed.

Please note, new members will not be able to begin mid-week training until they have been deemed competent in their relevant age Advanced Ocean Proficiency Evaluation assessments.

BOARD & IRON TRAINING

Training will be available 3 times per week for U11-U14 Nippers: 2 midweek sessions and a Saturday morning Iron Session (fibreglass boards only). Training for younger nippers (foam nipper boards) will be 1 day per week.

BEACH TRAINING

This is a fantastic opportunity to increase speed and development invaluable skills in the lead up to the nipper season. This training is ideal for nippers looking at improving for school sports such as athletics, football, soccer, and of course, Beach Sprinting & Flags!

flags training and another sprint session will begin on the beach at Mooloolaba at the start of the season

Dates and times of training sessions will be available on the Nippers page of our website.



SWIM TRAINING

Nippers are encouraged to undertake 2-3 swimming training sessions per week though a local pool or Club. It is important to understand that children do not learn to swim at Nippers

Junior preliminary Skills Evaluations

Many activities that will be completed by children as part of Nippers will be conducted in water. To ensure that all children have a suitable swimming ability to allow them to participate in these activities, Surf Life Saving Queensland (SLSQ) has developed a Junior Preliminary Skills Evaluation for each age group.

STEP 1 - POOL EVALUATION

Every junior member is required to participate in the Pool Evaluation prior to any junior activities being undertaken. The Junior Activities Preliminary Pool Evaluation includes a pool swim and timed float which must be signed off by an accredited Austswim Instructor or one of our Club Assessors. This can be done at your local pool or at our Nipper Sign On Days each August.

STEP 2 - BEACH COMPETENCY EVALUATION (RUN-SWIM-RUN)

Every junior member who has successfully completed the Pool Evaluation must also complete the Beach Competency Evaluation prior to participating in all nipper activities. This ensures that all children can demonstrate a standard of competence to enable preliminary levels of survival skills at a beach with conditions like what would be experienced during weekly nipper programs. If a child is unsuccessful in this assessment, they may participate in water activities at the Clubs discretion and must have a 1:1 ratio for water safety.

The child may continue to participate in land-based learning outcomes if not permitted to enter the surf, until the beach competency evaluation is completed.

STEP 3 – ADVANCED OCEAN PROFICIENCY EVALUATION (OPTIONAL)

From the age of 7 (Under 8) juniors may begin to compete in inter-club competition. To ensure that all junior members have the ability, strength, and fitness standard to complete the course the must be able to complete the Junior Advanced Ocean Proficiency Evaluation for their age group. This evaluation also allows the nipper to attend mid-week board training sessions.

These evaluations are run on the same days as the Beach Competency Evaluations by our Club assessors.

You must be registered/financial and have completed your Pool Evaluation and Beach Competency Evaluation (Run-Swim-Run).



Junior Preliminary Skills – Evaluation Summary 2021/2022

The below outlines distances to pass the Skills Evaluation - required to become a Nipper. These are performed at the pool and at the beach – by Age Group

Preliminary Evaluation - POOL			
AGE GROUP	CAP COLOUR	SWIM	FLOAT
Under 6	Fluro Green	Kick on wall with face in water &	30 seconds
		6 metre swim (dog paddle)	
Under 7	Fluro Green	Torpedo (push off wall) with face in water &	30 seconds
		12 metre swim (dog paddle)	
Under 8	Aqua	25 metre swim (freestyle)	1 minute
Under 9	Gold	50 metre swim (freestyle)	1 minute
Under 10	Purple	50 metre swim (freestyle)	1.5 minutes
Under 11	Dark Green	100 metre swim (freestyle)	2 minutes
Under 12	Dark Blue	100 metre swim (freestyle)	2 minutes
Under 13	Red	150 metre swim (freestyle)	3 minutes
Under 14	Club	200 metre (freestyle) in less than 5 mins	3 minutes

Preliminary Evaluation – OCEAN SWIMS - BEACH COMPETENCY			
AGE GROUP	AGE GROUP CAP COLOUR COMPETENCY BEACH EVALUATION		
Under 6	Fluro Green	None - (shallow-water activities only)	
Under 7	Fluro Green	None - (shallow-water activities only)	
Under 8	Aqua	25m-25m-25m - Run-Wade-Run	
Under 9	Gold	50m-50m-50m - Run-Swim-Run	
Under 10	Purple	50m-50m-50m - Run-Swim-Run	
Under 11	Dark Green	50m-100m-50m - Run-Swim-Run	
Under 12	Dark Blue	50m-100m-50m - Run-Swim-Run	
Under 13	Red	100m-100m-100m - Run-Swim-Run	
Under 14	Club	100m-100m-100m - Run-Swim-Run	

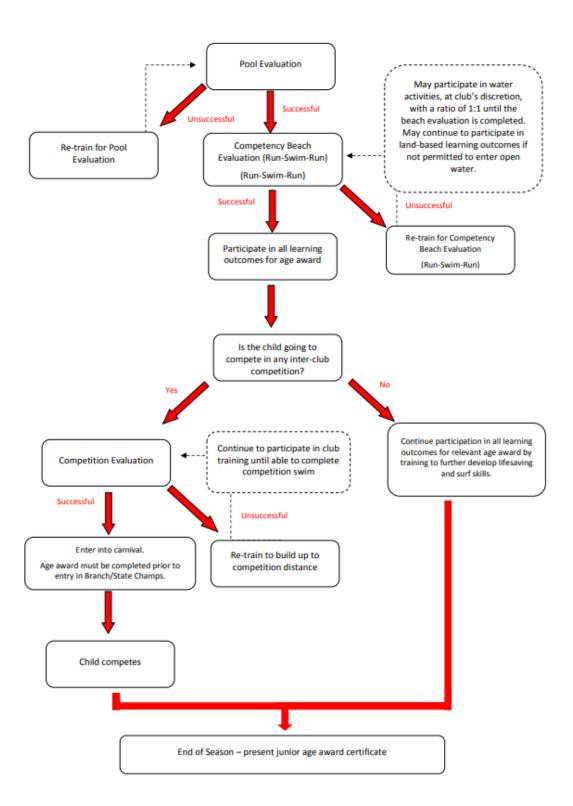
Pools – Mooloolaba Surf Life Saving Club is not affiliated with any particular pool or swimming club; therefore, we recommend finding a pool that suits your family. Local pools are Kawana Aquatic Centre, Cotton Tree Aquatic, Good Life, Kozzaquatics, Mountain Creek Pool, and Flinders Aquatic Academy. As well as swimming lessons and squads, many of these pools have school holiday intensive in the September school holidays. A Pool Evaluation Endorsement Form is available on our website, should you choose to complete the above POOL EVALUATION, please complete and return to our Operations Office, or at Nipper Sign on Day

Optional evaluations for Competitions and Club Endorsed Training			
AGE GROUP	CAP COLOUR	COMPETITION ADVANCED OCEAN SWIM – MID WEEK TRAINING	AGE AWARD
Under 6	Fluro Green	None – no competition	Surf Play 1
Under 7	Fluro Green	None – no competition	Surf Play 2
Under 8	Aqua	25m-25m-25m - Run-Wade-Run	Surf Aware 1
Under 9	Gold	Minimum 150m open water swim	Surf Aware 2
Under 10	Purple	Minimum 150m open water swim	Surf Safe 1
Under 11	Dark Green	Minimum 288m open water swim	Surf Safe 2
Under 12	Dark Blue	Minimum 288m open water swim	Surf Smart 1
Under 13	Red	Minimum 288m open water swim	Surf Smart 2
Under 14	Club	Minimum 288m open water swim	tbc



WHAT HAPPENS IF?

Flow chart explanation of the Nipper Journey Options.



THIS MOOLOOLABA NIPPER HANDBOOK WAS CURRENT AT THE DATE OF PUBLISING. A DIGITAL UP TO DATE COPY IS HELD ON THE NIPPER PAGE OF OUR WEBSITE. WWW.MOOLOOLABASLSC.COM.AU/nippers

