



GYM INDUCTION FORM

NAME OF GYM USER: _____

INDUCTION DATE: ____/____/____

GYM: Mooloolaba Surf Life Saving Club Gym

INDUCTION CHECKLIST	INITIALS
Completed a Pre-Activity Questionnaire	
Given a copy of the gymnasium code of conduct which I read and agree to abide by	
I have signed and completed: Gymnasium Membership Application form and The Terms & Conditions for the use of the Club Gymnasium	
I was given induction on the following: <ul style="list-style-type: none">• Sign in/Sign out sheet• Warm up• Equipment Useage (including cardio)• Cool down• Cleaning• Hygiene• Appropriate Clothing• Injuries (Procedures if injured)• Air Conditioner• Emergency Procedures• Paper Work	

Gym User Signature: _____ Date: ____/____/____

Induction conducted by:
Name: _____ Position: _____

Signature _____ Date: ____/____/____