



First Nipper Sunday on the Beach 2024-2025

1. **Please arrive at 7.30am for a 7.45am start.**

Head to the morning briefing in front of the Patrol Tower for sign in. Beach conditions change and we are not always set up in the same areas.

2. **Nippers will finish at 9.30am for the U6s & U7s and between 10.00am and 10.30am for all other age groups.**

*Note: For the first four weeks, U8-U14 will finish between 10.00am to 10.15am

3. **A Mooloolaba Nippers yellow rashie must be worn.**

These are complimentary for NEW Members or \$20 for Renewing Members and available from our Operations Office, Monday-Friday from 9am to 4.30pm, at the Nipper Open Days or on Nipper Sundays. On Sundays they can be purchased from 7.30am to 8.30am for the first few weeks of the season from the Clothing Store in the Members Area.

4. **Age group coloured Nipper caps are to be worn and tied on - please write your Nipper's name on their caps with permanent marker pen.**

These are available for \$10 from our Operations Office, Monday-Friday from 9am to 4.30pm. On Sundays they can be purchased from 7.30am to 8.30am for the first few weeks of the season from the Clothing Store in the Members Area.

5. **Bring: Nipper Cap, Yellow Rashie, Water Bottle, Goggles, Towel (and optional wetsuit as the water is still quite cold)**

ALL U11 to U14s must bring their LiveHeats Bands which will be used to check in and check out every Sunday. If you don't have a LiveHeat Band, you can purchase one from the Office. First one is free, then each replacement will cost \$5.

6. **All Parents must remain on the beach, at a respectful distance, in sight of their children.**

When bringing your child onto the beach, please make sure they are ready to go, with sunscreen applied, a Nipper cap, yellow rashie, goggles, water bottle and towel. Just like at schools, parents are not allowed to enter the participation area.

Please respect the space of nippers and age managers and don't crowd the area of activity.

Your cooperation in remaining on the beach, observing, and maintaining a respectful distance, not only aids the flow of activities but also contributes to the safety of all participants. Your extra set of eyes helps us keep Nippers safe as they undertake their activities.

In the interests of child safety, please restrict taking photos of your child. We do have accredited photographers on the beach most weeks and these photos get uploaded to the appropriate online area.



7. Come and Join the Fun

We're always on the lookout for caring helpers and passionate volunteers. To explore these fulfilling opportunities, we encourage you to talk to the age managers, other helpers and refer to the following link: [Nipper Parent Volunteer Information](#) or email Nippers@mooloolabasls.com.au. Your involvement has the potential to make a significant impact.

8. Nippers will be signed in and signed out by their Age Group Manager/ Assistant Age Manager via a Digital App

The Age Manager will sign in each child every Nipper Sunday morning. Bring your child to their appropriate Age Manager and ensure the Age Manager knows they are there. We track attendance of your Nipper to allocate points which are then recorded and used toward awards at the end of the season. Every Nipper must be signed out by their respective Age Manager prior to departing the beach each Sunday.

9. Beach Preliminary (Run Swim Run) and Competition Evaluations

Each Nipper is required to complete a [Beach Preliminary Evaluation \(run swim run\)](#) before they are allowed to enter the water. If not completed prior, then they must complete this on the first day they attend a Nipper Sunday (for the first few weeks of the season). Please introduce yourself to your Age Manager to ensure they perform this on your Nippers first day.

To be eligible to compete at carnivals or participate in club training sessions, Nippers must also complete the [Beach Competition Evaluation \(Advanced Ocean Swim\)](#).

To summarise: The Beach Preliminary Evaluation is compulsory for all Nippers U8 to U14. The Beach Competition Evaluation is Optional and is done in addition to the Beach Preliminary Evaluation.

If you have any questions, please speak with your Age Managers on the beach, or contact our Office Monday-Friday: Nippers@mooloolabasls.com.au

Please remember we are all volunteers, **please be patient with all the Age Managers, position holders and staff.**

For more information, check out the [Nippers Page of our Website](#) – including our NIPPERS INFORMATION HANDBOOK, STACK TEAMS APP, MEMBERS ONLY FACEBOOK GROUP and NIPPERS SEASONAL CALENDAR

[Search for Stack Teams App in your Google or Appstore.](#)

Search for Mooloolaba SLSC - Nippers



We look forward to seeing you on the beach.

*From MSLSC Operations office, The Junior Activities Committee (JAC)
and Jason Parsons (JAC Chairperson)*

Updated 20 August 2024

